

The Senior Pride

The Peninsula Foster Grandparent Program Newsletter

Quarterly Edition

July/Aug/Sept 2014



A Word from the Director

I would like to personally thank all FGP volunteers for providing exceptional volunteer service to the children you served. Equally, I want to also thank the site supervisors for providing a venue to serve because without your commitment and support, we could not have accomplish much.

In the coming weeks, I will update highlights of the FGP volunteers and program accomplishments this past year. Therefore, please stay tuned and have a safe and restful summer break.

~Jason S. Samuels

HAPPY BIRTHDAY!!!

May

Cordis Bunch, Donna Dargan, Cornelia Hobbs, Myrtle Hundley, Carol Morgan and Cammie Thomas

June

Dornella Whiting, Janet Stephenson, Cyrena Doles, Mae Elizabeth Hill, Lavonia Underwood, George Keefe, Kaye Lockey, Judith Drew, Claudia Evans-Delora, and Thelma McBride-Phillips

July

Dorothy Farley, Brenda Foster, Margaret Foster, Connie Kelley, Vermont Moore, Edna Solomon, Daniel Lockey, Jean Neal, Maxine Moody, Hattie Alston, Myrtle Prater, Doris Thornton, Carol George, and Irene Sales

Coming Soon! Coming Soon! Coming Soon!

September 5, 2014

Annual Foster Grandparent Program Cookout

October 2014

SALT Conference

November 21, 2014

In-Service Meeting

December 19, 2014

Winter Recognition

One Ingredient Healthy Ice-Cream



DELICIOUS!



1. Use overly ripe bananas
2. Slice and freeze until solid
3. Place frozen bananas in a processor or blender. Blend until smooth.
4. Eat soft serve or refreeze and scoop for firmer ice cream.

WANT TO ADD MORE FLAVOR?

Try adding one of the following to the mix before blending:
Peanut butter, Cinnamon, Nuts, Chocolate chips,
Vanilla flavoring, Cream, Strawberries or Nutella

Energy Assistance (Cooling Component)

Cooling Assistance is a component of the Energy Assistance Program. The program is designed to provide cooling services to low income households when other resources cannot meet those needs.

APPLICATIONS WILL BE ACCEPTED JUNE 15 –AUGUST 15.

Payments will be made until funds are depleted. **ELIGIBILITY CRITERIA**

- Must meet citizenship and certain income guidelines.
- Must have at least one household member that is **under age 6 or age 60 years or older, or disabled as defined by social security guidelines.**
- Must have a cooling need.

TYPES OF ASSISTANCE

- Ceiling, attic, or whole house fan purchase/installation or repair
- Air conditioner purchase (installation or self pick up/installation).
- Repair of central air unit or heat pump.
- Payment of an electric bill to operate cooling equipment.
- Once per lifetime electric security deposit payment.

Hampton Department of Human Services

1320 LaSalle Ave.
Hampton, VA 23669
(757) 727-1800
(757) 727-1835 (FAX)

Newport News Department of Human Services

Rouse Tower
6060 Jefferson Ave.
Newport News, VA 23605
(757) 926-6300
(757) 926-6118 (FAX)

James City County Department of Social Services

5249 Old Towne Road
Williamsburg, VA 23188
(757) 259-3100
(757) 259-3188 (FAX)

Williamsburg Social Service Bureau

401 Lafayette St.
Williamsburg, VA 23185
(757) 220-6161
(757) 220-6113 (FAX)

York/Poquoson Social Services

301 Goodwin Neck Road
Yorktown, VA 23692-0917
(757) 890-3787
(757) 890-3934 (FAX)

Upcoming Meetings/Classes

Peninsula Foster Grandparents Advisory Council

10:00am on October 9th, 2014

Hampton Social Services

Hampton, VA

Senior Citizens' Advisory Committee

The first Monday of every month at 10:00am

Hampton Senior Center

Hampton, VA

Computer Basics - Computer Class

7770 Croaker Road, Williamsburg, VA 23188

757-259-4050

www.wrl.org

7/22—Tue 11-12 AM JCCL-e-Clic

7/28—Mon 10-11 AM WL/Room B

7/30—Wed 1-2 PM WL/Room C

(FREE)

Newport News Community Center Meetings

Call Jackie at 812-7905 for more information

Tues 6:00P Carver Alumni Association (NNN)

Mon 7:00P North NN Civic League (NNN)

10 - Thu 7:00P NAACP Membership (NNN)

Mon 9:30A Active Lifestyles Advisory Com. (BMCC)

Mon 10:00A NARFE (National Association of Retired
Federal Employees) (BMCC)

Thu 5:30P Daily Press Dinner (HSC)

Thu 6:00P David William Foundation (HSC)

What you don't know about Social Security can hurt you!
Come and listen to Financial Advisor, Kevin James, as he
discusses filing for Social Security and Medicare correctly
and how to maximize your full benefits.

Reservations and payment due by July 28, 2014

Summer Challenge

This is a repost due to popular demand.

A scrapbook is basically a record of your and/or your family's history.

If you are like me, there are TONS of photos stored somewhere in the home. With all of the printed photos you already have...why not create a scrapbook?

What is a scrapbook? A book of photos with descriptions such as: *the age of the person/people in the photo, what year the photo was taken and something interesting about the photo.*

Scrapbooking is also a creative outlet. Take a look at a few scrapbook page examples below:



This project is super fun and even better when a grandchild or a few friends help to create each page. Scrapbook supplies can be purchased at Walmart, DollarTree or any arts and crafts store.

Have fun and remember...you are
creating a beautiful record of memories that will be enjoyed for years to come!

Contact Us If You Need Us:

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