

# *The Senior Pride*

The Peninsula Foster Grandparent Program Newsletter

April 2015

## **A Word from the Director**

How many of you have heard individuals comment that change is not simply a matter of “talking the talk”? To realize lasting and significant change, one must also “walk the walk”. Let’s face it; it is easier to talk than to walk. If it were not, change and improvement would be easy to accomplish...but we all know that it is not. Continuous improvement is not just a process, it is an attitude that must be cultivated and reinforced. Individuals who seek out opportunity for improvement are constantly adapting, and striving to improve. Therefore to survive, we must seek to understand and respond effectively to changes...because the path forward is through continuous improvement. Let us continue to improve and finish strong.

Take Care,  
Jason S. Samuels

THE 43RD ANNUAL FOSTER GRANDPARENT PROGRAM RECOGNITION LUNCHEON

# DENIM & Diamonds

“LIKE A DIAMOND...YOUR IMPACT LASTS FOREVER”

May 15<sup>th</sup>, 2015 at the Crowne Plaza Hotel in Hampton from 11a-2p.

Register Today! 727-1857.

Be sure to wear your **denim** and **dazzles!**



### April

*Lessie Brown*

### May

*Cornelia Hobbs, Cordis Bunch, Cammie Thomas, Carol Morgan, Donna Dargan*

### June

*Cyrena Doles, Janet Stephenson, Judith Drew, Kaye Lockey, LaVonia Underwood, Claudia Evans-Delora, Mae Elizabeth Hill, Thelma McBride-Phillips and Dornella Whiting, Vivian Burke and Helen Williams*

## **Dates to Remember: Upcoming In-Service and Meetings**

**May 15<sup>th</sup>  
DENIM & DIAMONDS  
43rd Anniversary  
Recognition Luncheon  
Crowne Plaza in Hampton  
from 11a-2p.**

### **National Association FGP 50<sup>th</sup> anniversary t-Shirts are for sale.**

See Diretta for an order form!



## **YOUR FORMS ARE DUE**

It's that time of year again when your financial and medical forms are due. If you have a co-pay for your doctors' visit, please send us your original receipt and it will be reimbursed up to \$10! Additionally, please provide verification of your income (social security benefit letter, retirement/pension statement, etc.) Do not hesitate to contact us if you have any questions.

## **COMMUNITY EVENTS**

***Attention FGP Volunteers...These are not an FGP sponsored events. Attending will not replace your FGP regularly scheduled work hours. Transportation will not be provided from the Foster Grandparent Program.***

**May 14<sup>th</sup> Hampton Sheriffs Picnic, Towne Point Park from 11-2p  
FREE but tickets are REQUIRED... (757) 926-2540 for more info**

**June 11<sup>th</sup>, Hampton TRIAD EXPO, Northampton Community Center from 8a-1p  
FREE but tickets are REQUIRED... (757) 926-2540 for more info**

**SHARE Hampton Roads** is a community building organization that offers nutritious food packages at discounted rates. Each value food package is worth approximately \$35-\$40, can be purchased for \$20 and two hours of volunteer service of your choice. Each month a value package will include approximately 4-6 pounds of frozen meat, staple items such as potatoes and onion, fresh fruits and vegetables. It also includes side dish items and a dessert item. There are no qualifications to participate in SHARE! Anyone who is interested is welcome to participate without filling out forms, membership fees, or coupons!

For Example, you could purchase the Value Package for \$20 and receive:

- *Boneless Chicken Breast 1.25lbs.*
- *Salmon Burgers Patties .87lbs.*
- *Ham Steak 1 lb.*
- *Deli Sliced Turkey .5lbs.*
- *Mixed Fruit Jar 12.5oz.*
- *Steamed Vegetable Blend 12oz. Potatoes 3 lbs.*
- *Onions 1.5 lbs.*
- *And three to four more seasonal produce*

**\*MARKET DAY\***  
*"Only at the Foodbank"*  
**Monday-April 27<sup>th</sup>, 10:00am - 1:30pm**  
**Come to the Foodbank and you can purchase one of these packages:**  
**PACKAGES**  
**Value Package \$20, Beef Burgers \$26, Pork Chops \$22, Holiday Box \$20, Grab Bags \$10**

For more info about the SHARE HAMPTON ROADS program, contact one of the facilities below:

**HAMPTON**  
 Virginia Peninsula  
 Foodbank  
 2401 Aluminum Ave.  
 Mona Crump – 596-7188

***Ebenezer Baptist Church  
 #3643  
 171 Semple Farm Rd.  
 George Bright-826-6657***

St. Mark’s Episcopal #3649  
 2235 West Queens Way  
 Elvira Cooper – 236-0002

***First Baptist North King  
 #3628  
 229 North King Street  
 Sadie Eleazer -890-2998***

**NEWPORT NEWS**  
 Macedonia Baptist Church  
 #2092  
 5500 Marshall Ave.  
 Joyce Miller 247-1308

***World Victory Church #5900  
 5900 Jefferson Ave.  
 Jeanette Cartwright- 766-0884***

Carver Memorial  
 Presbyterian  
 830 25th Street  
 Walt Darden – 838-9171

***First Church of Newport  
 News  
 2300 Wickham Ave.  
 Jacqueline King- 927-4639***

***Denbigh Presbyterian  
 Church  
 302 Denbigh Blvd  
 Gerry Ellis – 757-877-4847***

**YORKTOWN**  
 Zion Prospect Baptist  
 Church  
 408 Darby Rd.  
 Geralene Brown-593-1812

**WILLIAMSBURG**  
***New Zion Baptist Church  
 #4401  
 3991 Longhill Rd. Anne  
 Marie Taylor 258-0424***

## **2015 Upcoming In-Service Dates**

**May 15<sup>th</sup>, Crowne Plaza in Hampton**  
**June 19<sup>th</sup>, Northampton Community Center**  
**July 17, Northampton Community Center**  
**September 18<sup>th</sup>, Location TBA**  
**October 16<sup>th</sup>, Northampton Community Center**  
**November 20<sup>th</sup>, Northampton Community Center**  
**December 18<sup>th</sup>, Location TBA**

*These are all mandatory meeting...*

*Be sure to call at least 2 weeks prior to the dates to register for general attendance and/or transportation.*

***Limited Transportation available!***

### **Peninsula Foster Grandparent Program Staff**

#### **Director**

Jason Samuels...757-727-1858...jason.samuels@dss.virginia.gov

#### **Marketing/Resource**

Diretta Glover...757-727-1452...diretta.glover@dss.virginia.gov

#### **Staff Coordinator**

Gina Lewis...757-727-1857...gina.lewis@dss.virginia.gov

Peninsula Foster Grandparent Program  
1320 LaSalle Avenue #136  
Hampton, VA 23669