

Hampton Parks, Recreation & Leisure Services
Athletic Division
2019 Adult Spring Softball Information

OFFICIAL RULES: NSA and HPRLS Rules and Regulations

TEAM ROSTERS MAXIMUMS: Men & Women **20** players, Co-Ed **35** players.

EQUIPMENT:

Women will use an 11” optic (**yellow**) softball with a maximum C.O.R. of .52. Men will use a 12” optic (**yellow**) softball with a maximum C.O.R. of .52. **Maximum Compression is 275 pounds.** Co-ed will use both a 12” and an 11” ball for male and female players respectively. All balls must have the NSA stamp. All bats must have the 2012 NSA stamp.

NEW RULES FOR SOFTBALL

1. Beginning 1 Jan 2018, you will begin seeing softball with different logos on them. Below are descriptions of balls that are approved and Will Be Legal for all NSA play beginning 1 Jan 2018.
2. 52/275 Softball – 11” and 12” **Fast Pitch and Slow Pitch** with **COR** compression stamped on the ball (legal through Dec 2018)
3. 52/275 Softball – Stamped Official Softball – 11” and 12” **Fast Pitch and Slow Pitch. NO COR** compression stamped on the ball
4. 44 /400 Softball – stamped **ICON** 11” and 12” **Slow Pitch No COR** compression stamped on the ball
5. 44 / 400 Softball - stamped Senior 11” and 12” **Slow Pitch COR** / compression stamped on the ball
6. 47 / 375 Softball – stamped Fast Pitch 11” and 12” **Fast Pitch** no compression stamped on the ball
7. Please note: Although NSA Will be going to the 44/400 ball starting 1 Jan 2018, the 52/275 ball will still be legal until future notice.

ROSTERS: All rosters must be turned in by 4:00p.m on Friday, March 22, 2019 at the Athletic Office located at 125 Franklin St. Hampton, VA 23669. Scheduled games will be forfeited until roster is turned in the Athletic Division.

ENTRY FEE & REGISTRATION: The entry fee for the 2019 Spring League is **\$450.00** (made payable to: City of Hampton) per team. There is a **\$25.00 NSA Sanction fee due at the manger’s meeting.**

Registration will be held at the Athletic Office first come first serve basis February 11th – March 8th from 8:30 a.m. – 4:00 p.m.

All leagues will play double headers for regular season. Each league will pay one night a week. Games will be 55 mins.

MANDATORY MANAGER’S MEETING: 6:00 p.m. March 14th at 1435-A Todds Lane, inside Northampton Community Center.

SCHEDULES: Will be available for pick up March 25th – March 29th, 2019 between the hours of 8:30 a.m. – 4:00 p.m. at the Athletic Office or online at www.hampton.gov/athletics.

TENTATIVE DATES:

- Practice begins March 18th, 2018. Please **email** the Athletic Office to reserve practice time on March 15th, 2019. Must have had a team representative attend managers meeting to get practice times.
- Regular Season starts April 8, 2018

Athletic Office: 726-8750

Email: karmin.powell@hampton.gov

<http://www.hampton.gov/athletics>

*** Information and dates subject to change**